

MICHAEL VLADECK

CONSCIOUS PARENTING IN THE DIGITAL AGE

Parenting beyond Power Struggles, Nagging and Arguing... *over Phones, Gaming, Schoolwork, Curfews and everything else.*

In this transformational 2-hour presentation Michael Vladeck will teach you how to completely put an end to constant nagging, reminding, arguing and power struggles with your children - by using an approach that will help your children make wiser choices on their own, while giving them more empowerment, and creating a more peaceful household with greater love, understanding and connection.

What do all parent-child power struggles have in common? They are set up by parents who in some way try to control the choices their kids make - in the face of the very facts that their kids will disagree with them, lack self-control, have very different perceptions of reality... and have **free will** to choose. This old model breeds exhaustion, frustration and often rebellion. In this talk you will learn a few very profound, critical, and yet easy-to-use approaches that will change how you relate to your children around strong disagreements, making them more understanding, receptive and accepting to the structure, limits or boundaries you may need to set. You will learn what it truly means to engage your parental authority in a loving way that is successful every time, as well learn the art and science of creating consequences that work, and that help your children cultivate greater self-awareness and decision making abilities, all without losing respect or creating resentment.



Michael Vladeck is a nationally recognized expert in teaching conscious parenting, and helping parents raise balanced, grounded and emotionally intelligent children in our current digital culture, while deepening connection and avoiding power struggles. He has been a family counselor and coach since 2004, helping parents and their kids on their relationship dynamics, personal transformation and development.



"Michael's class actually made me like parenting more. Now I find that i'm engaged in the joy of parenting - I'm less triggered and burdened by it."

Sally Handy, Mother of two



"Michael's approach is like a sword of compassion going straight to the heart of the matter - fewer sessions are needed and the results are real. "

Darcy Pace, Mother of two



"Michael gave us skills to parent through the tween and teen years with ease, competence, and courage."

Susie Rinehart, Mother of two

***To bring this presentation to your school, visit
MichaelVladeck.com, or call 303.545.5378***