Helping Your Child Cultivate A Deep Sense of Unconditional Self-Worth

Attain The Deepest Possible Connection With Your Child, While Helping Them Develop An Authentic Sense of Unconditional Self-worth, And Simultaneously Dissolving Your Own Inner-criticisms and Disempowering Patterns

In this 2-hour presentation, parents will learn:

- 1. How to create communication that is deeper and more well-received, that helps your children see through any self-limiting beliefs and into an embodied, authentic sense of their own worthiness.
- 2. How to resolve any lingering doubts in your own worthiness, self-compassion and empowerment.
- 3. How to use whatever parenting situation arises as the doorway to connecting to the essence of your child's world, and how to support them in relating more deeply with themselves with far greater emotional intelligence.
- 4. How to create the kind of relationship you long to have with your child, and for your child to have with themselves and others.



Michael Vladeck is a nationally recognized expert in teaching conscious parenting, and helping parents raise balanced, grounded and emotionally intelligent children in our current digital culture. He has been a family counselor and coach since 2004, helping parents and their kids on their relationship dynamics, personal transformation and development.

"Michael taught me it's okay to be who I am. There's really nobody else I can compare him to."

~ Eric Solveson, 17

"We would recommend his work to anyone who wants to experience more authenticity, connection and peace in relationship with their teenager."

~ David and Robin Johnson, Parents, Boulder, CO

"Michael has a unique ability to connect with both parents and young people in ways that I have never experienced before. He "gets it" on so many levels. I credit Michael with having a pivotal and positive influence on our lives at a time when, without his help, things might have gone in a direction none of us wanted."

~ Susan LaHoda, Parent, Boulder, CO

To bring this presentation to your school, visit www.MichaelVladeck.com, or call 303.545.5378